**DUC IN ALTUM**

**High school - Packing List**

Please pack your items in a regular sized duffel bag or small suitcase. Please monitor the weather and bring layers to accommodate colder temperatures.

**Clothes for 3 days (Casual)**

* Shirts
* Pants
* Sweatshirt
* Pajamas

**Clothes for Holy Mass (Nice)**

* Dress pants, collared shirt, clean shoes, etc.

**Toiletries**

* Shower supplies
* Toothbrush, toothpaste
* Deodorant
* Anything else you need to keep yourself clean.
* (Towels are provided)

**Others**

* Sleeping bag & pillow
* A watch/alarm clock
* Water bottle
* Prayer journal & pen
* Bible
* Rosary
* Coat
* Comfortable shoes
* Liability form

**Schedule notes:** *(full schedule will be given to participants at the event)*

**Friday**

6:00 PM – Arrival & check-in

Supper will be provided.

**Saturday**

Retreat all day!

**Sunday**

12:00 PM – departure

Lunch will be provided.